

Delivery of Personal Development

Personal Development Statement

At Sutherland House School we aim to support all our students to gain the skills and experiences needed for them to lead confident, safe, healthy, and independent lives within the modern society. Our overall intent is for each pupil to engage, achieve and makes the most personal progress they can to enable them to live a fulfilled and as independent life as possible. At Sutherland House School this at the heart of everything we do, and we adopt an integrated approach to achieving this through a creative curriculum that provides many enriching learning opportunities and through the delivery of target individualised work. Each student at Sutherland House school has an individualised Education plan (IEP), which is embedded through personalised targeted sessions and wider school activities. Teachers work closely with onsite Speech and Language (SALT) and Occupational Therapist (OT) to maximise our learner's potential towards outcomes but to also ensure all outcomes are meaningful and individualised for each student.

PHSCE is embedded within our curriculum and is delivered in group sessions and targeted 1:1 intervention may be delivered by our PHSCE teacher and/or trained staff. For some of our students, there are meaningful opportunities to apply these skills within the wider community. Our Careers lead works closely with all teachers across school to ensure there are opportunities to engage in experiences that develop skills to prepare our students for adulthood. We work closely with our students to build on their hopes and dreams and find pathways to support successful transition into adult life. These experiences vary dependent on each student and may be delivered through work experience opportunities, classbased projects or access to the wider community.

World Educational visits

Living in the Wider

- Curriculum Days
- Living Skills sessions
- Cooking sessions
- Work experience
- Accessible accreditations

Spiritual, Moral, Social and Cultural

- Weekly topics linked to SMSC and British Values
- Embedded through whole school "feel good Friday, Assemblies, sign of the week, theme days and the curriculum
- Community links

Careers & Aspirations

- Careers, Education, Information and Advice (CEIAG) programme
- SHS careers Lead
- Work experience
- Careers events
- Future options

EHCP Outcomes

- Individualised Educational outcomes
- Weekly personal development sessions
- Access to broad and accessible curriculum
- Child led Annual Reviews

Personal Development

<u>Independence</u>

- Individualised communication systems
- Access to onsite SALT and OT
- Self help and independence embedded across the curriculum

Well-being

- Robust PHSCE/RSE curriculum and delivery of 1:1 interventions
 - PBS policy
 - · Autism and Behaviour practitioners



Personal Development at Sutherland House School 2023- 2024

Autumn 1	Week 1 w/c 11 Sept	Week 2 w/c 18 Sept	Week 3 w/c 25 Sept	Week 4 w/c 2 Oct	Week 5 w/c 9 Oct	Week 6 w/c 16 Oct	Autumn 2	Week 1 w/c 6 Nov	Week 2 w/c 13 Nov	Week 3 w/c 20 Nov	Week 4 w/c 27 Nov	Week 5 w/c 4 Dec	Week 6 w/c 11 Dec	Week 7 w/c 18 Dec	
Topic Purple and Primary			Superhero)			Topic Purple and Primary	Seasonal change							
Weekly Theme And Assembly	Rosh Hashanah (Jewish New year/New beginnings)	Recycling week	World first aid Day	World Animal day	Black History Month – Link through out the month	Halloween		Remembrance Day	Bonfire Night	Diwali	Anti Bullying Week	Hanukkah	International Day of People with Disabilities	Christmas Fair	
Curriculum theme Day	World First Aid day Mini First Aid visit school to teach students basic first aid						Curriculum Theme day	Anti Bullying Kindness Tree Celebrating Students at SHS							
Whole School extra-Curricular Activities	,	Weekly visit from either the Music Man or Dance Teachers Zoo Lab						Dance Teachers				Christmas Jumper Day Christmas Fayre			
	Bamboozle a pathway clas					Bamboozle Visit	amboozle Visit School								
Spring 1	Week 1 w/c 8 Jan	Week 2 w/c 15 Jan	Week 3 w/c 22 Jan	Week 4 w/c 29 Jan	Week 5 w/c 5 Feb	Week 6 w/c 12 Feb	Spring 2	Week 1 w/c 20 Feb	Week 2 w/c 4 March	Week 3 w/c 11 March	Week 4 w/c 18 March	Week 5 w/c 25 March			
Topic Purple and Primary			Artic					Everyday materials							
Weekly Themes and Assembly	New year celebrations	LGBTQ and history Month	World religion day	Chinese New Year	Safer Internet Day	Valentines Day	Personal Development/FF	Science Week	Ramada – Link through out the month	Local Community Day	EID	Earth Day			



Curriculum theme Day Extra-Curricular Activities	Weekly visit for Dance Tea Switch up	pn Day g Stalls hip visits Positive Social			Curriculum Theme day Extra-Curricular Activities	Science Day University Lab visits Crazy Science professor Selection of in class science experiments Weekly visit from either the Music Man or Dance Teachers Switch up Space Centre Trip Science Day Farm Project Nottingham Castle visit Autism Acceptance Day									
Summer 1	Week 1 w/c 15 th April	Week 2 w/c 22 nd April	Week 3 w/c 29 th April	Week 4 w/c 6 th May	Week 5 w/c 13 th May	Week 6 w/c week 20th May	Summer 2	Week 1 w/c 3 June	Week 2 w/c 10 June	Week 3 w/c 17 June	Week 4 w/c 24 June	Week 5 w/c 1 July	Week 6 w/c 8 th July	Week 7 and 8 w/c 15 and 22	
Personal Development/FF			Zoo				Personal Development/FF	Beach							
Weekly Themes and Assembly	Mental Health Awareness	World Cultural Diversity – Diversity Month	Endangered Species	World Ocean Day	RSE day	World Cultural Diversity – Diversity Month	Personal Development/FF	World Music Day	Sports week	Space	Class transitions	Healthy Eating	Summer Faye	End of year and Leavers	
Curriculum theme Day			ecies/Taking c White Pos environment w Richard	st farm visit hole schoo	- Laura	ent.	Curriculum Theme day	Sports/A Healthy me Sports day Visit to local sport centres. Sport speakers							
Extra-Curricular Activities	Weekly visit from Dance Tea	·			Extra-Curricular Activities	Ice cream van Bring the beacl	Weekly visit from either the Music Man or Dance Teachers Summer Fair and end of year dance performance/celebrations								